



MOVE & LEARN

PRIVATE HOMESCHOOL SPORTS PROGRAM



SPRING 2026 SEMESTER AGES 8-13 (BIRTH YEARS 2018 - 2012) STUDENT ATHLETE OFFER PACKET

WELCOME ON BOARD!

You have been invited to join Move & Learn Elite for the Spring 2026 semester at Fronrunner Fieldhouse. We're thrilled to welcome your family into our community. Move & Learn Elite is more than a class — it's a weekday homeschool sports performance program designed for developing athletes ages 8-13. Our program delivers focused training in futsal, basketball, and athletic performance to build skills that transfer to any sport.

At Fronrunner Fieldhouse, we take pride in doing things the right way. Families don't have to manage logistics, run admin, or "figure things out." Our professional coaching staff handles communication, scheduling, and operations so that athletes can focus on training, and parents can enjoy a stress-free experience.

We believe your athlete embodies the values and potential that align with our vision, and we're excited to offer them a place in Move & Learn Elite this semester.

PROGRAM SNAPSHOT

Program Name	Move & Learn Elite Performance Spring 2026 Semester
Location	Fronrunner Fieldhouse
Format	Homeschool sports performance training
Ages	Birth Years 2018 - 2012
Time	9:00 AM – 10:30 AM
Days	Tuesdays & Thursdays
Length	5-month semester (Spring 2026)
Registration	https://forms.fronrunnerfieldhouse.com/home-school-academy-ages-8-13/



REGISTER





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REQUIRED DOCUMENTS

- MEDICAL RELEASE FORM
- PLAYER PHYSICAL
- HEADSHOT PHOTO
- SIGNUP WAIVERS



NEXT STEPS

1. RESPOND TO OFFER: CONTACT THE PROGRAM DIRECTOR WITHIN 24 HOURS TO ACCEPT YOUR SPOT
2. COMPLETE REGISTRATION: USE THE PROVIDED LINK TO REGISTER AND AGREE TO ALL REQUIRED DOCUMENTS
3. SELECT PAYMENT PLAN: CHOOSE FROM FLEXIBLE PAYMENT OPTIONS (SEE DETAILS BELOW)

TUITION (SPRING 2026 SEMESTER) 5 MONTHS

WHAT'S INCLUDED

YOUR MOVE & LEARN SEMESTER INCLUDES:

- 19 WEEKS OF FOCUSED TRAINING
- ELITE PERFORMANCE TRAINING IN FUTSAL, BASKETBALL, AND ATHLETIC CONDITIONING.
- INCLUDING HIGH-INTENSITY TRAINING BLOCKS DESIGNED TO BUILD SKILLS THAT TRANSFER TO ANY SPORT.
- SKILL & DEVELOPMENT BLOCKS
- FOCUS ON FUNDAMENTALS: GAME IQ, COURT AWARENESS, BALL CONTROL, FOOTWORK, AGILITY, AND COMPETITIVE MINDSET.
- ATHLETIC PERFORMANCE & CONDITIONING
- PROFESSIONAL COACHING & SUPERVISION
- EXPERT COACHING STAFF WHO SPECIALIZE IN ATHLETIC DEVELOPMENT, COMPETITIVE TRAINING, AND ELITE PERFORMANCE STANDARDS
- HIGH END FACILITIES & EQUIPMENT
- ACCESS TO A PARENT LOUNGE & ENTERTAINMENT
- USE OF FRONTRUNNER FIELDHOUSE COURTS, EQUIPMENT, AND AGE-APPROPRIATE TRAINING TOOLS.
- DISCOUNTS & ACCESS TO FREE SATURDAY GAMES (SEE PAGE 5)

SEMESTER OPTIONS

**1 DAY A WEEK:
\$675**

**2 DAYS A WEEK:
\$1,125**

MONTHLY OPTIONS

**1 SESSION/
WEEK:
\$150**

**2 SESSIONS/
WEEK:
\$250**



SIBLINGS & SUPPORT

SIBLING DISCOUNTS OR SCHOLARSHIP OPTIONS MAY BE AVAILABLE ON A LIMITED BASIS.

FAMILIES NEEDING ASSISTANCE ARE ENCOURAGED TO REACH OUT TO OUR STAFF BEFORE REGISTRATION CLOSES.



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CHECK-IN, ATTENDANCE & PICKUP

DAILY CHECKIN

- ATHLETES ARRIVE 5–10 MINUTES BEFORE 9:00 AM.
- PARENTS/GUARDIANS SIGN IN OR USE DESIGNATED DIGITAL CHECK-IN.
- STAFF CONFIRM AUTHORIZED PICKUP LIST AND ANY DAY-OF NOTES (INJURIES, EARLY PICKUP, ETC.).

ATTENDANCE EXPECTATIONS

- CONSISTENT ATTENDANCE HELPS ATHLETES GET THE MOST FROM THE PROGRAM.
- PLEASE INFORM US OF PLANNED ABSENCES, VACATIONS, OR EXTENDED TRAVEL.
- IF YOUR ATHLETE IS ILL, KEEP THEM HOME AND NOTIFY COACHING STAFF AS SOON AS POSSIBLE.

PICKUP

- PICKUP IS AT 10:30 AM SHARP (OR AT THE DESIGNATED DISMISSAL TIME).
- ONLY INDIVIDUALS LISTED ON YOUR AUTHORIZED PICKUP LIST MAY COLLECT YOUR ATHLETE.
- PLEASE NOTIFY COACHING STAFF IN ADVANCE OF ANY CHANGES IN PICKUP ARRANGEMENTS.

WHAT TO BRING

TO KEEP YOUR ATHLETE SAFE, COMFORTABLE, AND READY TO TRAIN, PLEASE SEND:

- ATHLETIC CLOTHING APPROPRIATE FOR INDOOR TRAINING
- NON-MARKING INDOOR SHOES OR FLAT ATHLETIC SHOES
- SHIN GUARDS (REQUIRED FOR FUTSAL TRAINING)
- REFILLABLE WATER BOTTLE (LABELED WITH NAME)
- ANY PERSONAL ITEMS REQUIRED FOR MEDICAL NEEDS (E.G., INHALER, EPIPEN) CLEARLY LABELED
- OPTIONAL:
- SMALL TOWEL, EXTRA PAIR OF SOCKS, SWEATER/HOODIE FOR COOLER DAYS INSIDE THE FACILITY.

COMMUNICATION

WE USE A CENTRALIZED COMMUNICATION PLATFORM (EMAIL/TEXT/APP) FOR:

- SCHEDULE REMINDERS & UPDATES
 - WEATHER OR FACILITY NOTICES
 - TRAINING ANNOUNCEMENTS & SPECIAL EVENTS
 - PAYMENT REMINDERS (IF ON A PLAN)
- YOU'LL CHOOSE YOUR PREFERRED CONTACT METHODS DURING REGISTRATION AND CAN UPDATE THEM AT ANY TIME.

SAMPLE DAILY FLOW

9:00AM-
9:10AM

ARRIVAL,
CHECK-IN,
WARM-UP

9:10AM-
9:35AM

FUTSAL /
BASKETBALL
TRAINING
BLOCK

9:35AM-
10:00AM

SKILL
DEVELOPMENT
& DRILLS

10:00AM-
10:20AM

COMPETITIVE
GAMES &
SCRIMMAGES

10:20AM-
10:30AM

COOL DOWN,
RECAP &
DISMISSAL





SEMESTER CALENDAR

JANUARY 2026

WEEK 1 — JAN 7 & 9 (TUE & THU) — OPEN
WEEK 2 — JAN 14 & 16 (TUE & THU) — OPEN
WEEK 3 — JAN 21 & 23 (TUE & THU) — OPEN
WEEK 4 — JAN 28 & 30 (TUE & THU) — OPEN

FEBRUARY 2026

WEEK 5 — FEB 4 & 6 (TUE & THU) — OPEN
WEEK 6 — FEB 11 & 13 (TUE & THU) — OPEN
WEEK 7 — FEB 18 & 20 (TUE & THU) — OPEN
WEEK 8 — FEB 25 & 27 (TUE & THU) — OPEN

MARCH 2026

WEEK 9 — MAR 3 & 5 (TUE & THU) — OPEN
WEEK 10 — MAR 10 & 12 (TUE & THU) — OPEN
MAR 17 & 19 — SPRING BREAK — M&L OFF
WEEK 11 — MAR 24 & 26 (TUE & THU) — OPEN
WEEK 12 — MAR 31 & APR 2 (TUE & THU) — OPEN

APRIL 2026

WEEK 13 — APR 7 & 9 (TUE & THU) — OPEN
WEEK 14 — APR 14 & 16 (TUE & THU) — OPEN
WEEK 15 — APR 21 & 23 (TUE & THU) — OPEN
WEEK 16 — APR 28 & 30 (TUE & THU) — OPEN

MAY 2026

WEEK 17 — MAY 5 & 7 (TUE & THU) — OPEN
WEEK 18 — MAY 12 & 14 (TUE & THU) — OPEN
WEEK 19 — MAY 19 & 21 (TUE & THU) — END OF SEMESTER



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PRIVATE HOMESCHOOL SPORTS PROGRAM



EXCLUSIVE PERKS

10% OFF

ALEDO SOCCER CLUB
ELITE PROGRAMS &
SELECT SHOP ITEMS

FREE

SATURDAY
YOUTH FUTSAL
GAMES



3409 CLAYTON ROAD EAST,
FORT WORTH, TX 76116



REGISTER



WE'RE EXCITED TO WELCOME YOU

Move & Learn Elite is built to serve families who want more for their athletes: more training,
more competition, more development.

This is more than a program — it's a place where athletes can train, compete, and excel.

Welcome to Move & Learn Elite.

Fronrunner Fieldhouse Coaching Staff